

Health Plan Details from UMPSA

2026 UMS Employee Benefits Open Enrollment Guide-

https://umainesystem.sharepoint.com/:w:/r/sites/USERVICES-UMS-Benefits-Public/_layouts/15/Doc.aspx?sourcedoc=%7B05E41ADA-59DC-4BC3-8EF7-6DF7AD6FB23E%7D&file=2026%20Open%20Enrollment%20Employee%20Benefits%20Guide.docx&action=default&mobileredirect=true

UMS Healthcare and Prescription Transition Guide for 2026-

<https://docs.google.com/document/d/1D8cJp22nGtMfFWznFlQX3ZuBJdQDaSsYOIViA0sPL8/edit?tab=t.0#heading=h.6zsscru5yet>

UMS Medical Plan Documentation- *Coming January 1, 2026*-

<https://umainesystem.sharepoint.com/sites/USERVICES-UMS-Benefits-Public/SitePages/UMS-Health-Insurance-Plans.aspx>

Open Enrollment Sessions 2026 (to learn more and ask questions to Anthem and Capital Rx)-

<https://docs.google.com/forms/d/e/1FAIpQLSdyk82kCpXb7U1CD94FjZb0B1YQ1lMjYxOYofyePKGyl-qCAw/viewform>

2026 Guide to Benefits- <https://umainesystem.sharepoint.com/sites/USERVICES-UMS-Benefits-Public/SitePages/2026-Guide-To-Benefits.aspx>

Capital Rx- How can I check if my prescription is still covered, and what it will cost?

1. Via Web-

- You can view the expected medication cost by checking our [open enrollment site](#) for Capital Rx.
- Click the “Find Best Price” button at the top of the dashboard.
- Enter the name of the medication in the drug name field.
- Define specific options using the drop-downs for type, form, dosage, and quantity.
- Click on “Find Best Price.” A list of local pharmacies will be provided along with the expected cost for the specified medication.

2. Via Phone- Capital Rx call center starting on November 3rd, 2025.
1-833-554-4750
Staffed by Licensed Pharmacy Professionals

Recorded webinar- University of Maine System (UMS) Healthcare and Prescription Transition for 2026-

<https://www.youtube.com/watch?v=RU7858cTJ00&t=1167s>

Register for Open Enrollment Sessions 2026 (to learn more and ask questions to Anthem and Capital Rx)- you don't have to attend the entire event timeframe.

<https://docs.google.com/forms/d/e/1FAIpQLSdyk82kCpXb7U1CD94FjZb0B1YQ1lMjYxOYofyePKGyl-qCAw/viewform>